

## Peer Mentoring Certificate

## Summary

Developed by PET and co-written by prison peer mentors, this course will be useful for mentors in all roles - including healthcare, workshops and education. You will focus on developing transferable mentoring skills that will be valuable after release, particularly for those looking to work or volunteer in a social care setting. The course explores the concept and theory of mentoring, including communication, listening, boundaries and confidentiality, and reflection.

Course Provider		Hafren The Old School, The Highway, Croesyceiliog, Cwmbran, Torfaen NP44 2HF 07730 035134 <u>www.hafren.info</u>
Qualification Accreditation		Agored Cymru GB72CY013
Academic level		Level 2
PET entry requirements		Level 2 English
Format of course material		Paper-based and digital Booklet and a workbook are in a paper format, PDF could be emailed for prison to print out.
Structure of course	<ol> <li>Mentoring - So What Is It?</li> <li>Let's Talk Communication</li> <li>More Personal Baggage Than A Coach Tour</li> <li>Listening - Er, What?</li> <li>Mentoring - So What's It Good For?</li> <li>'Nuff Said! - Boundaries &amp; Confidentiality</li> <li>Mentoring - Stages &amp; Barriers Stages of a mentoring relationship</li> <li>Mirror, Mirror - Time For Reflection</li> <li>Information</li> </ol>	
Assignments		Fifteen written assignments, returned as one completed qualification at the end of the course. Extensive feedback is given if an assignment is not a pass.
Exam		None
Estimated completion time		60 hours
Maximum course duration		The course needs to be completed within 12 months. If a course extension is required, contact the course supplier directly.



Prison support requirements	Support assessment submission (ideally scan to the tutor or post). It is recommended to make copies in case assignments get lost. Contact supplier for more info on assignment submission and course extension if needed. See contact details are above in the 'Course provider' section.
Supplier tutor's support	Feedback will be given on the assignments that are submitted. See 'Contact provider' section for more details
Certificate	There is a certificate awarded upon successful completing of the course via prison staff.
Progress	Understanding Mental Health Care Level 3 (NCC Home Learning) To discuss any progression routes, call our free Advice Line on 0800 048 7520 on Tuesdays (10- 12pm and 2-4pm) and Thursdays (10am-12pm and 2-6pm).